

STVCC Counseling Services offers individual, children, family, couples and group counseling by professionally trained staff.

Presenting issues are identified by the client with the help of a therapist and addressed in a safe and supportive environment that matches the client's needs.

ISSUES TREATED INCLUDE, BUT ARE NOT LIMITED TO:

- Addiction
- Anxiety
- Depression
- Financial stressors
- Abuse and trauma
- Family/couple conflicts
- Grief and loss
- Substance abuse
- Self-esteem issues
- Communication skills
- Employment issues
- Child behavior issues
- Post-traumatic stress disorder
- Anger management
- Pornography addiction

Begin healing TODAY!

CONTACT US TO
SCHEDULE AN
APPOINTMENT

STVCC Intake Coordinator

517.323.4734 ext.1700



St. Vincent Catholic Charities
PROVIDING HELP. CREATING HOPE.

2800 West Willow Street
Lansing, MI 48917
(517) 323-4734



COUNSELING SERVICES



PROVIDING HELP.

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WHAT TYPES OF THERAPY ARE AVAILABLE?

The clinicians at STVCC are trained in a variety of approaches to psychotherapy including:

- Christian therapy
- Brief therapy
- Child play therapy
- Family therapy
- Marriage therapy
- Couples therapy
- Group therapy
- Individual therapy
- Sandtray therapy
- EMDR
- Substance abuse prevention, assessment and treatment

Christian Therapy Is Available!

Therapist work with client to incorporate Biblical principles into the therapy session. The goal of Christian therapist are available who specialize in the practice of psychological theory and mental health practice which incorporate the teachings and principles of the Christian Faith. the client reach personal wholeness, interpersonal competence, mental stability, and spiritual maturity.

FREQUENTLY ASKED QUESTIONS

Q: ARE MY CONVERSATIONS WITH A THERAPIST CONFIDENTIAL?

A: Conversations with a therapist are confidential within the limits of the law.

Q: DO I NEED TO BE CATHOLIC TO RECEIVE COUNSELING SERVICES?

A: No. STVCC serves people of all faiths and beliefs. No one will be excluded from services based on ethnic background, beliefs, gender, disability, or age.

Q: DO YOU ACCEPT MY INSURANCE?

A: Most major insurances are accepted. Call for further information: 517.323.4734 ext. 1700

Q: I'M NOT AVAILABLE DURING YOUR STAFFED DAYTIME HOURS, CAN YOU STILL HELP ME?

A: Evening hours are available by appointment. Please call for further information: 517.323.4734 ext. 1700

Q: I'M INTERESTED IN SETTING UP A MENTAL HEALTH WORKSHOP. ARE YOU ABLE TO HELP ME WITH THAT?

A: Agency staff are available to provide workshops relating to mental health and substance abuse issues and the needs of individuals, couples, families and children.

ABOUT US

STVCC Counseling Services has been providing services to the mid-Michigan community for over 60 years.

Our staff are master level mental health professionals. They have training and expertise in dealing with a variety of clinical issues.

STVCC Counseling Center also offers Substance Abuse support services. We actively work with the Department of Human Services of Ingham County through a program called "New Directions".

New Directions is dedicated to families by providing substance abuse assessment, referrals to substance abuse treatment programs and community resources and case management.

