



St. Vincent Catholic Charities

PROVIDING HELP. CREATING HOPE.

2800 W. Willow • Lansing, MI 48917 • Office: (517) 323.4734 • www.stvcc.org

MARRIAGE PREPARATION



Communication and Relationship Enhancement Program

Sponsored by:
Diocese of Lansing's Family Ministry
&
St. Vincent Catholic Charities

CHRISTIAN COMMUNICATION AND RELATIONSHIP ENHANCEMENT

Based on highly acclaimed Prevention and Relationship Enhancement Program (PREP), this program is designed to teach couples communication skills and techniques for handling conflict and promoting intimacy with the aim of preventing future problems and divorce.

This program emphasizes the constructive arguing techniques that allow couples to adjust their communication styles and achieve more positive and intimate communication, in a Christian setting.

WE C.A.R.E. Seminar Teaches:

- How to communicate what you want out of your relationship
- How to resolve conflict effectively and reduce arguments
- How to solve problems as a team
- How to keep friendship and intimacy a part of your relationship
- How to develop skills to enhance the understanding and maintain commitment

Other key topics include: Values, Beliefs, Expectations and Commitment

What are past participants saying?

- "Facilitators were very good, they know the material in their hearts and that was reflected in their class"
- "Speaker/listener technique helped me see the importance of really listening"
- "I feel this was a wonderful class and is defiantly worth taking"
- "Everything was very helpful. If not now, later"

Questions: Contact Crystal Rose (517)323-4734, Ext. 1700

Email: rosec@stvcc.org

2018 LANSING WE C.A.R.E. SCHEDULE

FACILITATOR	DATES	TIME	LOCATION
Jessica Gallegos	Friday January 19 Saturday January 20	6 PM – 9 PM 9 AM – 12 Noon	Cristo Rey Parish – Juan Diego Room 201 W. Miller Rd.
Jessica Gallegos	Friday March 2 Saturday March 3	6 PM – 9 PM 9 AM – 12 Noon	Cristo Rey Parish – Juan Diego Room 201 W. Miller Rd.
Jessica Gallegos	Friday March 9 Saturday March 10	6 PM – 9 PM 9 AM – 12 Noon	Cristo Rey Parish – Juan Diego Room 201 W. Miller Rd.
Jessica Gallegos	Friday May 11 Saturday May 12	6 PM – 9 PM 9 AM – 12 Noon	Cristo Rey Parish – Juan Diego Room 201 W. Miller Rd.
Jessica Gallegos	Friday May 18 Saturday May 19	6 PM – 9 PM 9 AM – 12 Noon	Cristo Rey Parish – Juan Diego Room 201 W. Miller Rd.
Jessica Gallegos	Friday September 7 Saturday September 8	6 PM – 9 PM 9 AM – 12 Noon	Cristo Rey Parish – Juan Diego Room 201 W. Miller Rd.
Jessica Gallegos	Friday September 28 Saturday September 29	6 PM – 9 PM 9 AM – 12 Noon	Cristo Rey Parish – Juan Diego Room 201 W. Miller Rd.

NOTE: If the City of Lansing has closed due to a local or national emergency, the scheduled WE C.A.R.E. seminar will be canceled and rescheduled.

Please send your registration form and payment to:

St. Vincent Catholic Charities
 Attn: WE CARE COORDINATOR
 2800 W. Willow
 Lansing, MI 48917

Questions: Call (517)323-4734, Ext. 1700

Email - rosesec@stvcc.org

***** PLEASE PRINT *****

Date of Class: _____ Class Location: _____

2nd Choice _____

BRIDE _____ GROOM _____

Address _____ Address _____

Email _____ Email _____

Phone – Day Time _____ Phone – Day Time _____

Occupation/Field of Study _____ Occupation/Field of Study _____

Parish _____ Parish _____

Length of time in Relationship _____ Wedding Date _____

A certificate of participation and completion will be given to each couple.

Please send your registration form and \$75.00 fee (checks made payable to St. Vincent Catholic Charities) to:

St. Vincent Catholic Charities
 Attn: WE CARE Coordinator
 2800 W. Willow
 Lansing, MI 48917

Deadline for registration:

**Class size is limited. Registration is recommended
 4 to 6 weeks prior to the date of the class you plan on attending. If desired, you
 may call St. Vincent Catholic Charities at 323-4734 x1700 for class eligibility.**

NOTE: If the City of Lansing has closed due to a local or National emergency, the scheduled WE CARE Seminar will be cancelled and rescheduled.