Called to Counsel

Inside

Tammy Render-Morris,
Faith-Based Counselor

Support Your
Catholic Faith Via Our
Catholic Charities Appeal
Dear Friends,

I hope you had a blessed Christmas and a Happy New Year!

The new year is a time for new beginnings! It’s a time to find new joys to discover and celebrate each of life’s precious moments.

As we begin a new year, please keep in mind that St. Vincent Catholic Charities is here to serve you – and the least among us. We exist to help those in need! I encourage you to familiarize with our counseling services, especially faith-based counseling. Faith-based counseling brings in the love, mercy and grace of Jesus with the use of scripture, prayer and tenets of the Catholic faith to offer peace, healing and hope. If you or someone you know is hurting or struggling, consider offering our many counseling services to assist in a safe, supportive and nurturing environment.

“The Lord himself goes before you and will be with you; He will never leave you nor forsake you. Do not be afraid; do not be discouraged.” – Deuteronomy 31:8

May this year be a year of finding joy, peace and purpose.

Gratefully,

Andrea Seyka
Chief Executive Officer

There’s still time to support your Catholic faith by donating to our Catholic Charities Appeal this winter.

Your donation allows STVCC to passionately and diligently serve and care for the most vulnerable children and families in our community.

“Whatever you did for these least brothers of mine, you did for me.”
– Matthew 25

Answer God’s call to serve the least among us.
Donate at stvcc.org

The mission of St. Vincent Catholic Charities is the work of the Catholic Church, to share the love of Christ by performing the corporal and spiritual works of mercy.

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The Power of Prayer

Faith can provide a foundation for the connection and rapport that can make a significant difference in managing mental health. Tammy Render-Morris is a faith-based counselor at St. Vincent Catholic Charities (STVCC) and recognizes individuals have been created by a loving, caring and healing God. If you or someone is in need of counseling, where do you turn?

Tammy helps her clients in their pursuit of God and a meaningful and purposeful life. In her therapy sessions, she brings in God’s unconditional love, mercy, grace and forgiveness – both in receiving them and extending them to others. Faith-based counseling can bring her clients into a closer relationship with God where healing can take place.

“Faith is a part of a person, it’s the core of who they are, it’s their world-view,” Tammy explains. “Faith can help people heal.”

In her therapy sessions, Tammy invites in the Holy Spirit. In addition, she often uses Deuteronomy 31:8 to provide healing:

The Lord himself goes before you and will be with you. He will never leave you nor forsake you, do not be afraid; do not be discouraged.

“Scripture says, ‘God’s word is alive and active.’ If I use God’s word with my clients, it heals,” explains Tammy. “Prayer works. God’s word is powerful.”

“Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.” – Philippians 4:6-7

“God never fails us. He is consistent and gives us strength. God has it all there. We just have to use it.”

Because of your support, Tammy provided an estimated 1,250 faith-based counseling sessions in 2019.

STVCC’s Counseling Services specialize in the following:

- Faith-based counseling
- Trauma-focused cognitive behavior therapy
- Child/adolescent psychiatric consultation
- Eye movement desensitization and reprocessing (EMDR)
- Pregnancy loss
- Bilingual services

Find more information by visiting stvcc.org or call to schedule an appointment: 517.323.4734 ext. 1700
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Save the Date

Dine and Donate Fundraisers

Thursday, February 20
For Crepe Sake
Downtown Lansing
8:30 am - 2:00 pm
10% of sales will be donated to STVCC.

Wednesday, March 25
Buffalo Wild Wings
Delta Commerce Dr.
10:30 am - 2:00 pm
20% of sales will be donated to STVCC